

# HIGHLIGHTS

March 2011

A Bimonthly Newsletter for collaborative projects of Youth Affairs Department Government of Sindh and Habib University Foundation

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INSPYRE and iLEAD are public-private partnership projects of the Youth Affairs Department, Government of Sindh and Habib University Foundation (H.U.F.) with technical support being provided by the British Council.



## Inspiring Leadership, Empowerment and Development in Youth

- iLEAD focuses on promoting a healthy life style, leadership & personal development in youth through sports education and community service
- iLEAD has established partnerships with 5 colleges and 25 schools in Karachi and Hyderabad
- iLEAD aims to develop a sports education curriculum, organize sports weeks, summer camps, sports festivals, coaching camps etc. for youth



## Inspiring Pakistani Youth to Reach Excellence

- INSPYRE aims at providing youth with a platform for their personal growth, career enhancement and social development
- INSPYRE provides free of cost career education to youth for their career building in Information Technology, Retail Management, Digital Media, Call Center Industry, Fashion and Textile Designing
- Internships are an essential component of the INSPYRE learning experience



Youth Affairs Department  
Government of Sindh



Habib University Foundation

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# Foreword

The first two months of 2011 were very exciting, busy and dynamic in the life of both INSPYRE and iLEAD. Several interesting and large scale programs were organized for youth to engage them in healthy activities.

The most important aspect of the activities was the active participation of INSPYRE and iLEAD youth in organizing all these events. The leadership skills, sense of responsibility and teamwork that these young people demonstrated have proven that if they are provided with right direction and opportunity

to perform they can be one of our greatest assets.

We open-heartedly welcome your opinions and suggestions vis-à-vis both projects. Please share all of your thoughts at [yasmeenbano@huf.org.pk](mailto:yasmeenbano@huf.org.pk). Hope you will enjoy reading this bimonthly issue of 'HIGHLIGHTS'!

Yasmeen Bano  
Head Research and Projects

## Facts and Figures

### INSPYRE

- 93 students completed Active Citizens training
- 262 graduates received their certificates at the graduation ceremony: 119 graduates were from Cohort II, and 143 were from Cohort III
- 125 young people including INSPYRE and iACT Alumni attended the Digital Media Seminar
- Almost 700 young people visited iACT Learning Expo and 450 attended various free workshops and seminars

### iLEAD

- 2,733 students from 38 different schools and colleges participated in the iLEAD Sports Festival
- 25 young members of Sports Youth Councils of iLEAD partner colleges played leading roles in organizing the Sports Festival
- 40 students from the Health and Physical Education Department, Karachi University volunteered to help organize the Sports Festival

## INSPYRE Highlights

### INSPYRE Learning and Teaching

#### Launching of INSPYRE Skill Building Program for Street Youth



A large number of Pakistani youth are deprived of education and are unable to develop skills for career building. Many from this deprived group indulge in negative acts and create problems for the society. To engage with this valuable but ignored human resource, the Institute for Advancing Careers and Talents has collaborated with the Youth Affairs Department, Government of Sindh and Initiator Human Development Foundation to launch the INSPYRE Skill Building Program for Street Youth. Mr. Syed Faisal Ali Subzwari, Minister for Youth Affairs, Government of Sindh has been the driving force in initiating this program.

The program is facilitating a group of 11 young people to acquire skills for basic dress designing. These students aspire to carve their career path in dress designing either by working with professionals or by initiating their own small scale tailoring outlets. Students are also receiving personal development training, and are being engaged in sports activities.

#### Youth as Agents of Change: Active Citizens Program



Active Citizens Program aims to encourage youth to play a positive role in community development. It helps them to acquire knowledge and the attitude essential for designing and implementing a variety of Social Action Projects (SAPs).

During January and February 2011, three four-day sessions were organized for 93 students. These sessions proved instrumental in spurring youth to bring about positive change in their communities. Students demonstrated their interest by developing various SAPs for the community.

*This is my first experience of activity-based learning, and it really boosted my confidence.*

*Rizwan, Fashion Designing 2*

*The program has helped me put others first. I now realize how other people are influenced by my actions.*

*Qudsia, Fashion Designing 1*



# INSPYRE Highlights

## Awarding Certificates: Graduation Ceremony of Cohorts II and III

Through graduation ceremonies, the efforts of graduates are acknowledged and rewarded. These also provide an opportunity to graduating students to share their experiences with others. A ceremony was held on January 31, 2011 for Cohort II and III of INSPYRE and iACT students at the Institute for Advancing Careers and Talents.

Mr. Syed Faisal Ali Subzwari, Minister for Youth Affairs, Government of Sindh was the chief guest of the event. Other distinguished guests included Mr. Shoaib Ahmad Siddiqui, Secretary Sports and Youth Affairs, Government of Sindh, Ms. Rehana Saif, EDO Community Development Department, CDGK, Mr. Khurshid Ali Sheikh, Director Youth Affairs Department, Government of Sindh, Ms. Zarfishan Arbab, DDO Community Development Department, CDGK, Mr. Wasif Rizvi, CEO Habib University Foundation and Mr. Ilyas Suri, Technical Director, Indus Motor Company Ltd.

262 graduates were awarded certificates, out of which 190 students were INSPYRE scholars. Both Cohorts saw nearly equal representation of males and females. Graduates Roohi Naz and Zohaib delivered speeches at the ceremony. They acknowledged the quality of their learning experience and appreciating iACT's facilitative learning environment. They thanked the Youth Affairs Department and the City District Government for supporting the ongoing youth development efforts at iACT.



Mr. Shoaib Ahmad Siddiqui presents a certificate to Anwarullah, a graduate



Ms. Rehana Saif receives a memento from Mr. Wasif Rizvi

آئی ایکٹ نے ہمارا اعتماد بڑھایا اور مجھے جیسی لڑکی جو بولنے سے گھبراتی تھی اور ڈرتی تھی کے لوگ کیا کہیں گے آج اس قابل کر دیا ہے کہ میں اپنا نقطہ نظر ضرور بیان کرتی ہوں چاہے کوئی کچھ بھی کہے۔  
مس روجی ناز

ہمارے نوجوانوں کو آئی ایکٹ جیسے اداروں اور انسپائر جیسے پروگراموں کی ضرورت ہے اور ان کے لیے اداروں کا باہمی تعاون جاری رہنا چاہیے۔  
زوہیب حسن

S#	Courses	Number of Graduates
1	Fashion Designing Level 1	36
2	Fashion Designing Level 2	12
3	Textile Designing	56
4	Call Center Agent Training	57
5	Web Designing	26
6	Retail Store Operations	23
7	Graphic Designing	23
8	3D Animation	6
9	Dress Ornamentation	12
10	Basic IT Skills*	11
	<b>Total</b>	<b>262</b>

\* Specially designed for the alumni of The Citizens Foundation's schools

## Launching of Career Guidance Program

Facilitating the students to think proactively about their careers is one of the key features of the INSPYRE program at iACT. Based on the success of previous career guidance sessions, iACT launched a comprehensive program for its Cohort IV students. Designed in collaboration with Da Vinci Trainers and Consultants, the program has several distinct features which include:

- Self-assessment practices
- One-to-one guidance to facilitate students to make informed life decisions
- Prepare students to enter the job market by developing skills for resume-writing and effective interviewing



Students listen keenly during the career guidance session

# INSPYRE Highlights

## Meeting with Professionals: Career Fair Held



Students present their work to visitors at the career fair

Cohort III's Digital Media students completed their courses in December 2010. A career fair was organized to give them the opportunity to present their work to employers and make linkages with them. Students displayed their projects to visitors, and briefed them on their work. The event was also a platform for employers to meet with the graduates and assess their skills for possible recruitment.

These employers included Server4Sale, Infinite Films, CNBC Pakistan and Ice Animation. They provided valuable feedback to students on how to further enhance the quality of their work. All employers were provided with the CVs of students, and a show reel of their work.

*We were able to identify the weak points of our work and learned about the expectations of the actual work environment.*

*M. Zakir Ali and Shiraz Ali  
3D Studio Max*

## Becoming Smart Google Users: Effective Search Engine Workshops Held

Google search engine is a facile and effective source for accessing information, but many users do not make optimum use of its features. The Library Unit at the Institute for Advancing Careers and Talents designed special workshops to impart to students the skills required for effective browsing. "I learned some useful techniques at the workshop," Kashif, a student of iACT commented.

## Success Stories of INSPYRE Students

### Saira Khan and Asma Afzal: Personal Business Initiated from Home

Saira Khan and Asma Afzal were students of the Dress Ornamentation course at iACT. Upon completion of the course, Saira and Asma have begun their own business of dress ornamentation from home.

"We are taking orders for decorating dresses using a variety of embellishments and developing matching jewelry and purses. Before starting the business, we used to have quite a bit of free time, but this work is keeping us very busy now and we are also earning. Our time has become productive," they shared.



Saira's and Asma's handmade jewelry on display

## Reaching Out to Youth: iACT and INSPYRE Marketing

The Institute for Advancing Careers and Talents is launching new digital media courses under INSPYRE for students of Cohort V. These new courses include Diploma in Digital Media Essentials, Diploma in Web Wizard, Certificate in Character Animation using Autodesk MAYA and Certificate in Digital Photography. To spread awareness about these courses and the career prospects they offer, iACT used several tools and strategies including youth awareness seminars, iACT learning expo, flyer distribution, email and social media marketing. These strategies enabled iACT to reach out to hundreds of youth across Sindh.

### Understanding Digital Media and its Careers: A Youth Awareness Seminar

Digital media is an important area of the service sector as it offers a multitude of creative career opportunities to youth. To shed light on these opportunities, an awareness seminar was organized on January 22, 2011 at iACT. Mr. Usman Ali Ansari, Producer, ARY Digital discussed various career options available, while youth trainers at iACT explained to the audience the realities of a changing job market and its demands. The participants demonstrated enthusiasm by asking pertinent questions during the Q&A session. Around 125 young people including iACT alumni participated in the seminar.



Students engrossed in the lecture at the awareness seminar

### Digital Photography as a Career: A Youth Awareness Talk

The current fashion and media world has made digital photography an important career. To discuss career options as a photographer, an awareness talk was held at iACT. This was led by Mr. Rizwan Khan, an expert commercial photographer from Image 1 Photography. He gave tips vis-a-vis digital photography and inspired students by sharing his own work and work of other renowned photographers with them.

*I realized that photography cannot be defined with a simple click of the camera. Rather, it is a complete world in itself.*

*Qudsia and Fahama*

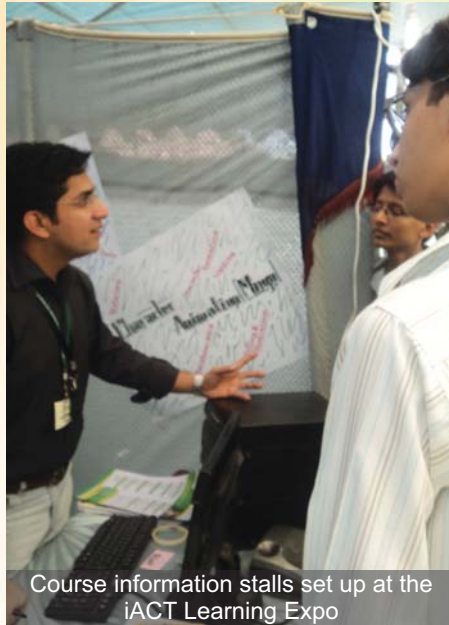


# INSPYRE Highlights

## iACT LEARNING EXPO



Basketball coach teaches students various techniques regarding the sport



Course information stalls set up at the iACT Learning Expo

On February 27, 2011 the Institute for Advancing Careers and Talents opened its doors to all youth with the iACT Learning Expo. The purpose of this day-long event was not only to raise awareness about the Institute and INSPYRE, but to give youth the opportunity to witness its learning experience firsthand by attending various workshops, classes and seminars. The following activities were held at the event:

### Free Workshops and Classes

A total of 13 free workshops and classes were scheduled attracting 450 participants. The sessions were planned and conducted by the INSPYRE and iACT faculty. iACT received an overwhelming response with youth demand during registration for workshops exceeding two to three times the available capacity.

### Personal Development and Grooming

1. Self Awareness خود کو کھوجو
2. Teamwork ہم جیتیں گے
3. Sense of Giving دل جیت کے جیو
4. All is Well (Lessons from Three Idiots Movie)

### English Language Learning

1. Communicate for Success
2. Learning English is Fun

### Course Information and Advice Stalls

Six course information stalls were set up at the Learning Expo. Managed by iACT faculty members and alumni, the stalls provided detailed information about courses offered and career prospects associated with them. Sample work of iACT alumni was also displayed.

*I am really impressed with iACT and its activities. I am a working person and would love to take part in such sessions if they are offered over the weekend.*

Danish Rehan

### Skills for Textile and Fashion Designing

1. Making Suzy flowers and friendship bands
2. Advance cutting techniques
3. Making jewelry from Italian dough
4. Tie & Dye techniques
5. Batik Work

### Sports Coaching

1. Let's play Basketball
2. Badminton Techniques

## INSPYRE Students Present

iACT students participated in different events to share their work and to disseminate information about INSPYRE:

### Engaging with Chinese Youth



iACT students pose with youth from Chinese delegation

A Chinese youth delegation visited Pakistan in January 2011. During their visit to Sindh, an interactive session was organized for them by the Youth Affairs Department, Government of Sindh with technical support provided by Habib University Foundation. The session gave the Chinese youth a chance to interact with talented Pakistani youth. Additionally, the iACT team set up an information stall on INSPYRE and iLEAD, thus spreading awareness about these projects.

### Youth in Action for Global Change



A symposium was organized by the British Council for its Active Citizens Program in January 2011. Youth from across the globe attended. The key objectives of the symposium were to provide a platform to youth to showcase their social action projects; to invite students from diverse backgrounds to network with one another; and to give young leaders the opportunity to engage with decision-makers, government representatives and sector specialists. iACT students Dilawer Arshad and Nuzhat Khan participated. The students appreciated being a part of this event, saying that it raised their confidence levels significantly. They were also able to befriend students of various nationalities.

# iLEAD Highlights

## iLEAD Sports Festival Opening Ceremony

The iLEAD Sports Festival - a mega event of the iLEAD project - had its opening ceremony on February 26, 2011 at Hotel Mehran, Karachi. Mr. Syed Faisal Ali Subzwari, Minister for Youth Affairs was the chief guest of the ceremony.

In his speech, Mr. Subzwari highlighted the importance of sports and healthy activities for youth development, acknowledging iLEAD's efforts in furthering this cause. He shared the desire of implementing iLEAD on a larger scale in the future, envisaging the project's outreach to extend to all parts of Sindh.

During the ceremony, a presentation was made on the global phenomenon of a burgeoning youth population. Special attention was given to Pakistan where there is the utmost need to nurture the potential of this critical human resource by engaging them in healthy activities. iLEAD and INSPYRE are two projects which have done this.

Details of the iLEAD Sports Festival were



also shared with the audience. Acknowledgement shields were presented to institutes and individuals who had facilitated the iLEAD team in organizing the Festival. Mr. Basit Ali Ansari, In-charge, Health and Physical Education Department Karachi University amassed a team of 38 volunteer

students. Mr. Zulfiqar Ali Abro, Director Pakistan Sports Board Karachi and Mr. Liaqat Ali Chandio, Assistant Director, PSB aided the iLEAD team in acquiring the facilities of National Training and Coaching Center for the Festival. In addition to them, all coaches and medical staff volunteers received shields. The ongoing support of the Youth Affairs Department, Government of Sindh was also recognized via mementos, which were presented to the chief guest, Mr. Shoaib Ahmad Siddiqui, Secretary Sports and Youth Affairs and Mr. Khurshid Ali Sheikh, Director Youth Affairs and Project Director INSPYRE and iLEAD.



*I am highly inspired by the objectives and design of the Sports Festival. I am sure it's going to be a great event that will engage youth in exciting activities.*  
Syed Faisal Ali Subzwari

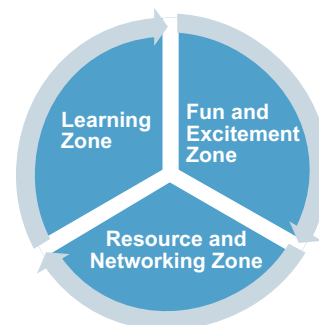
## iLEAD Sports Festival

iLEAD Sports Festival aimed at inspiring youth to engage in various sports and physical activities. The Festival also aimed to establish linkages between youth and various sports academies. Organized on February 28 (for girls) and March 1, 2011 (for boys) at the National Coaching and Training Center, Karachi, the event saw nearly 3,000 visitors from 38 various schools and colleges.

### Uniqueness of iLEAD Sports Festival

The design of the iLEAD Sports festival presented an innovative and unique alternative to regular sporting events held at schools and colleges in Karachi. With a strong emphasis on total participation of every visitor,

the Festival fused fun and learning into one event. Nobody was expected to be a simple spectator. The entire festival was divided into three zones, as highlighted in the diagram on the right.





# iLEAD Highlights

## Learning Zone

The Learning Zone provided sports and game coaching by qualified coaches. Students had registered for these coaching sessions well in advance of the event. A total of 572 students availed benefits from the coaching sessions on offer.

### Basketball Coaching

**Coach:** Mr. Jawed Khan | **Number of Participants:** 153 | **Boys:** 74 | **Girls:** 79



Students learn techniques on shooting hoops



Students practice how to dribble the ball



Students learn how to pass the ball

### Badminton Coaching

**Coach:** Mr. Javed Iqbal | **Number of Participants:** 88 | **Boys:** 42 | **Girls:** 46



A girl is taught how to serve in badminton



Coach shows students how to approach a return



Group shot of some participants

### Football Coaching

**Coaches:** Ms. Afshan Altaf and Mr. Tahir | **Number of Participants:** 85 | **Boys:** 37 | **Girls:** 48



Student receives training for kicking the ball in a penalty shootout



Football coaching session underway



Students learn how to stop and kick the ball



# iLEAD Highlights

## Kids Athletics

This is an innovative program by International Association of Athletics Federations which promotes basic athletics and sports skills using low cost resources.

**Coach:** Mr. Shoaib Butt and Ms. Mahjabeen | **Number of Participants:** 156 | **Boys:** 73 | **Girls:** 83



Students take turns practicing the high jump



"Ladder" drill underway



Javelin drill underway

## TOPS Sports

This is an approach to promote agility, balance and coordination among young people through innovative sports and game ideas. The ideas are shared by 'International Inspiration', a project being implemented by the British Council.

**Coach:** Ms. Humaira Siddiqui and Ms. Saba Naz | **Number of Participants:** 90 | **Boys:** 36 | **Girls:** 54



Students with special needs eagerly anticipate their training session



"Shopping Cart" drill underway



Softball practice underway

## Fun and Excitement Zone

The Fun and Excitement Zone presented two major activities:

1. **Participate in Traditional Games:** An area was dedicated to learn and play traditional/local games which promote agility, balance and coordination using limited resources. Gradually vanishing from our culture, our purpose was to revive them by introducing them to young people. These games included Kho Kho, Hopscotch, Langri Pala, etc.



Students enjoying the traditional game "Kho Kho"



A student keenly participates in a game of Hopscotch



# iLEAD Highlights

2. **On-the-Spot Competitions:** Children and youth were invited to register themselves in the event of their choice on the spot and participate in various competitions. Winners were awarded with iLEAD medals on the spot.



80 meter flat race underway



50 meter hurdle race underway



Tug of war in progress



Students participate in the long jump



Students participate in the long jump



Tug of war in progress

On-the-Spot Competitions	Number of Participants	Boys	Girls
50 Meter Hurdle Race	688	278	410
80 Meter Flat Race	477	232	245
Tug of War	700	349	351
Long Jump	296	130	166



# iLEAD Highlights

## Resource and Networking Zone

Under this zone, sports academies were invited to set up their stalls and share information with youth about the services they are offering. Some sports vendors had made available sports equipment at subsidized rates.



Diya Academy Football Club set up an information stall



Sports goods from Wembley Sports on display

## Thank You Volunteers



iLEAD Team, iLEAD Sports Faculty, Sports Youth Councils of iLEAD Partner Colleges and Karachi University Volunteers

"I am very pleased that Habib University Foundation and the Youth Affairs Department organized this festival because this has given exposure to students who have never even been to such events before in their lives. Hats off to the iLEAD team....the parents were also very happy yesterday when the girls attended: they felt that it was like a heaven for them that they enjoyed; they felt that they have found a place where they could display their own abilities. Thank you very much.

Nadia Siraj,  
Principal, Rukaiya Hajiani School



Medical Staff Volunteers (Dr. Shoaib Mehboob, Ms. Noreen Sivji and Ms. Noor-e-Marfa)

یہاں آکر بہت اچھا لگا۔ چھوٹے چھوٹے بچے بھاگ ڈور کر رہے ہیں۔ عام طور پر یہ بچے کمپیوٹر استعمال کر رہے ہوتے ہیں اور بیٹھ رہتے ہیں۔ اس طرح کی سرگرمیاں بچوں کو صحت مند زندگی کی طرف لے جاتی ہیں۔  
ڈاکٹر شعیب

پہلی بار کھیلا۔ بہت مزا آیا۔ یہاں طرح طرح کے بہت اچھے کھیل ہیں۔ یہ ہفتے یا مہینے میں ایک بار ہونا چاہیے تاکہ بچے آکر حصہ لے سکیں۔ پڑھ پڑھ کر ہم تو بور ہو جاتے ہیں۔ شکر یہ آئی لیڈ۔

توفیق



# iLEAD Highlights

## Sports Activities at iLEAD Partner Colleges

### Participation in Interuniversity Volleyball Tournament

The volleyball teams of **Institute for Advancing Careers and Talents (iACT)** and **Government City College** participated in a volleyball tournament organized by Bahria University in January 2011. The iACT team could not proceed to the final round, but the team spirit was enhanced by participating. City College team reached the semifinals.

### Participation in Regional Games

Sports teams of **Government Shah Latif Girls College** participated in Regional Games held in Hyderabad. They came first in throwball, handball, netball and athletics.

### SYC of Government City College Organize Futsal Tournament

Futsal is a variant of football played indoors on a smaller playing surface. An interclass tournament was organized by the Sports Youth Council of **Government City College**. The council planned the event responsibly, showing impressive leadership skills.

### Achievements of the Young Athletes Government College Hyderabad

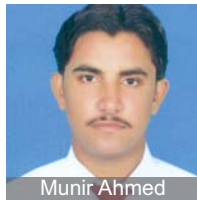
Several athletes from **Government College Hyderabad** shone in various sport and game competitions:

#### Winners !

- Humayun Qureshi secured first position in weightlifting and bodybuilding - 70 kg category
- Munir Ahmed secured first position in weightlifting and bodybuilding - 75 kg category
- M. Akmal - also a member of his college's iLEAD Sports Youth Council (SYC) - was selected for the Pakistan Academy Hockey team and represented Pakistan in Sepak Takraw (a sport that mixes elements from football and volleyball).



Humayun Qureshi



Munir Ahmed



M. Akmal

### Victories of iLEAD Partner Colleges in Intercollegiate Tournaments

- **Government College Hyderabad** won cricket and body building competitions, secured second position in kabbadi and football and came third in basketball and cross country race competitions.
- The young athletes of **Government Shah Latif Girls College** won volleyball, netball, tennis, badminton, handball and athletics events. They were runners up for a table tennis competition. The college was also awarded Champions Trophy.
- **Government City College, Karachi** participated in a cricket tournament.

### Selected for Board Teams

The following students of **Government College Hyderabad** were selected for Hyderabad board teams:

- Sajid Khan for cricket and athletics team
- Kashan Khan and Saad Nazar for football team
- Rehman Zeb, Khurram Shahzad and M. Amin for cricket team
- Haris Akhter for squash team

The following students of **Government City College, Karachi** were selected for Karachi board teams:

- Baber Hussain and Burhan Hussain for volleyball team

## Working Together: iLEAD Partner Colleges Facilitate Partner Schools

### Throwball Match between Two iLEAD Partner Schools



Students engage in a game of throwball

Two partner schools of Institute for Advancing Careers and Talents (iACT), Malir have formed throwball teams as a result of iACT's sports faculty's collaborative work with these schools. A friendly match was organized at the iLEAD gymnasium at iACT between Government Girls School Murad Memon, Malir and Crescent School, Malir. Both teams played enthusiastically, and the match was won by the former.

### iACT Mentors SoS for Interschool Basketball Tournament

iLEAD partner colleges are facilitating their partner schools to participate in sports activities and events. Institute for Advancing Careers and Talents (iACT) mentored the SoS Village School basketball team to enter an interschool basketball tournament which took place in January 2011.

### Fun-filled Program Organized for iLEAD Partner School



Students participate in a drawing competition

The Sports Youth Council (SYC) of Government Degree Girls College Green Belt organized a sports event in collaboration with Defense Foundation School. Several sports activities were held including various races and a drawing competition. Winners received gifts and a lot of encouragement. By organizing this event, the SYC proved that they have established themselves as young leaders of their community.

# iLEAD Highlights

## **Government Shah Latif Girls College Facilitate Partner School Government Girls High School, Latifabad # 6**

The faculty and Sports Youth Council of Government Shah Latif Girls College worked with their partner school to convert their previously unusable ground into an exciting throwball/volleyball court. Both

school and college collaborated to clean the ground, followed by leveling and marking it. The mentor college is now coaching throwball techniques to the schoolgirls.



Before renovation: View of throwball/volleyball court



After renovation: View of throwball/volleyball court

## **Nurturing Healthy Minds and Bodies: iLEAD Curriculum Piloted**

- During these two months, the iLEAD team completed the first version of Teachers' Guide for iLEAD curriculum on 'Nurturing Healthy Minds and Bodies'. The teachers' guide comprises of background information for teachers on various concepts included in the curriculum. It also presents sample learning activities for teachers to implement in their classroom lessons.
- iLEAD partner colleges are piloting various components of the curriculum in their classrooms. Each college has identified one class to teach these concepts. The iLEAD team is monitoring their performance and providing support. The students are appreciating these new components, and are finding them useful not only for sports but daily life as well. The teachers are enjoying the challenging task of designing interactive classes.



Curriculum piloting session underway at Government College Hyderabad

## **iLEAD Team Participates in the International Inspiration Training**



Various sports techniques being imparted to sports coaches under the TOPS program

Two members of the iLEAD team, Ayesha Qureshi and Ishtiaq Ahmed participated in the demo training of International Inspiration organized by the British Council in Karachi. This is a collaborative project launched by the British Council, UNICEF and UK sport, and is recognized by International Olympic Committee and International Paralympics Committee as an official London 2012 program. The training on the TOPS program (formatted for International Inspiration) introduced several innovative ideas to promote agility, balance and coordination among young athletes. The program aims to engage up to one million Pakistani youth.

## **Upcoming Events & Activities**

- Admissions for Cohort V in nine different courses
- Orientation sessions of Cohort V students
- Completion of Cohort IV courses
- Third Textile and Fashion Designing Exhibition
- iLEAD Curriculum Sharing with Education Department
- Planning for iLEAD Sports Festival in Hyderabad
- Teachers' Capacity Building program

### **Habib University Foundation**

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